



Heart Compass Therapy Privacy Policy

Heart Compass Therapy ("we", "us", or "our") is committed to safeguarding your privacy. This Privacy Policy outlines our practices regarding the collection, use, protection, and disclosure of personal information provided through our website.

Information We Collect

When you use our website, we may collect the following personal information:

- First name
- Last name
- Phone number
- Email address
- Preferred contact method
- Additional information provided voluntarily (which may include sensitive details about your emotional and mental health)

How We Use Your Information

We use your personal information for the following purposes:

- Responding to your inquiries and providing requested services.
- Scheduling appointments and consultations.
- Communicating with you via your preferred method.
- Ensuring the provision of effective therapy services.
- Enhancing the functionality and user experience of our website.

Protection and Confidentiality

We understand that the information you share with us may be sensitive. We take reasonable precautions, including administrative and physical measures, to protect your personal and sensitive information from unauthorised access, use, disclosure, alteration, or destruction.

All sensitive information provided through our website is treated confidentially and securely.

Disclosure of Your Information

We will not sell, rent, or otherwise disclose your personal information to third parties, except under the following circumstances:



- To comply with applicable laws or legal processes.
- When disclosure is required by law or in response to a lawful request by public authorities.
- To protect and defend our rights or property.
- In emergency situations to protect your safety or the safety of others.

Data Retention

Your personal information will be retained only for as long as necessary to fulfil the purposes outlined in this Privacy Policy, or as required by law or professional standards.

Your Rights

You have the right to:

- Access, update, or delete your personal information by contacting us directly.
- Withdraw consent previously given for the use of your information at any time.

Changes to This Policy

We reserve the right to update this Privacy Policy periodically. Any changes will be posted prominently on our website. Please review this policy regularly for updates.

Contact Us

If you have any questions or concerns about this Privacy Policy or our data practices, please contact:

Heart Compass Therapy using the form on our website or reach out to heartcompasstherapy@gmail.com via email.

By using our website, you consent to this Privacy Policy and agree to its terms.